

COACH DEVELOPMENT 2009



Introduction

Coaches and volunteers at all levels in the game, have a responsibility to look after young people and ensure that we create an environment that is not only safe and enjoyable but developmental. It is important that the Scottish FA continue to engage our volunteers in a very worthwhile education programme that will be delivered throughout our 6 Regions. Last year was the first time the Scottish FA introduced a Regional Coach Development brochure and the impacts have seen record numbers of coaches attending regionally based coach and club development programmes.

It is vital those adults who regularly give up their precious time to attend these courses, are invigorated to provide exciting, and challenging experience for our young players.

The Scottish FA are keen to see our young players playing the game in the proper manner, with good discipline, but with the freedom to express themselves whenever they can.

Our courses give a great deal of content but the understanding of our coaches is vital to all who take part in the game.

Jim Fleeting
Director of Football Development
Scottish FA



Scottish FA Coach Education Courses 2009

- Levels 1 – 4 Children's Pathway page 4 & 5
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Coach Education Pathway

The diagram opposite illustrates the Scottish FA Coach Education Pathway.

Please note that the South East Region Partnership will deliver Children's Pathway courses to Level 4, Youth Pathway courses to Level 4, Goalkeeping to Level 2, Adult Level 1 as well as the Coaching Players with a Disability Certificate.

To apply for any Level 1 to Level 3 course contact your local Football Development Officer. (Details on page 19)

For information on Children's & Youth Awards, Scottish FA Licence Awards and Physical Preparation please visit www.scottishfa.co.uk

* Applicants must be aged 16 years or over for all courses.
* Applicants must be aged 16 years or over for all courses.



CHILDREN (5 to 12 years)

Physical Preparation

LEVEL 5
Advanced Children's Licence

LEVEL 4
Basic Children's Award

LEVEL 3
Coaching in the Game Certificate

LEVEL 2
Coaching Young Footballers Certificate

LEVEL 1
Early Touches Certificate



YOUTH (12 to 18 years)

Physical Preparation

LEVEL 5
Advanced Youth Licence

LEVEL 4
Basic Youth Award

LEVEL 3
Coaching in the Game Certificate

LEVEL 2
Coaching Youth Footballers Certificate

LEVEL 1
Development Activities



ADULT (18+ years)

LEVEL 4
UEFA Pro Licence

LEVEL 3
UEFA Advanced Licence
(Advanced Licence Introductory Course)

LEVEL 2
UEFA Basic Licence
(Basic Licence Introductory Course)

LEVEL 1
Club Coach Certificate



SPECIALIST COURSES

Youth Directors Award

Coaching Footballers with a Disability

LEVEL 3
Goalkeeping Licence

LEVEL 2
Goalkeeping Intermediate Certificate

LEVEL 1
Goalkeeping Certificate

Disability Course



Children's Pathway (5-12yrs)

LEVEL ONE Early Touches

This 6-hour course is open to all interested parties aged 16 and over, experienced or otherwise, who work with children of primary school age. In addition to delivering new content, the course will assist coaches to develop their coaching technique, focus on skill development and will explore the best age specific activities for developing young players.

COURSE FEE: £30.00



Venue	Date	Time	Apply to...
Dalkeith Campus (indoor)	Saturday 24 January	10am to 4pm	Keith Wright
Queens Centre, Galashiels	Sunday 25 January	1pm to 7pm	Dougie Anderson
Bathgate Sports Centre	Friday 30 January	10am to 4pm	Jim Grant
Royal High School, Edinburgh	Sunday 8 February	10am to 4pm	David Sheldon
Meadowmill Sports Centre, Tranent	Saturday 27 June	10am to 4pm	Walter Borthwick
Poltonhall Recreation Ground, Bonnyrigg	Friday 3 July	2pm to 8pm	Keith Wright
Peffermill Playing Fields, Edinburgh Uni.	Monday 13 July	10am to 4pm	David Sheldon
Kelso High School	Sunday 16 August	10am to 4pm	Dougie Anderson
Bathgate Sports Centre	Friday 21 August	10am to 4pm	Jim Grant
Meggetland, Edinburgh	Sunday 6 September	10am to 4pm	David Sheldon

LEVEL TWO Coaching Young Footballers

This 12-hour course is designed to assist coaches with the planning, preparation, organisation and evaluation of their coaching sessions. It focuses on coaching style and the use of differentiation, ie. provision of practices to suit the wide range of abilities within the primary school age group.

COURSE FEE: £45.00

Venue	Date	Time	Apply to...
Dalkeith Campus (indoor)	Saturday 7 & 14 February	10am to 4pm	Keith Wright
Royal High School, Edinburgh	Sunday 15 & 22 February	10am to 4pm	David Sheldon
Bathgate Sports Centre	Friday 13 & 20 March	10am to 4pm	Jim Grant
Queens Centre, Galashiels	Sunday 15 & 22 March	1pm to 7pm	Dougie Anderson
Peffermill Playing Fields, Edinburgh Uni.	Tuesday 14 & Wed 15 July	10am to 4pm	David Sheldon
Bathgate Sports Centre	Friday 11 & 18 September	10am to 4pm	Jim Grant



LEVEL THREE Coaching In The Game

In both Children's and Youth Awards Structures, the 12-hour Coaching in the Game Certificate Course looks at the knowledge and understanding required to help young players appreciate concepts such as width, depth and support within the small-sided game. The course is largely practical in nature and prospective coaches are required to demonstrate the ability to coach basic strategies to young players.

NB. Applicants must be in possession of both Level 1 Early Touches and Level 2 Coaching Young Footballers Certificates.

COURSE FEE: £45.00

Venue	Date	Time	Apply to...
Newbattle High School (astro turf)	Friday 13 & 20 March	2pm to 8pm	Keith Wright
Kelso High School	Friday 10 & 17 April	2pm to 8pm	Dougie Anderson
Meggetland, Edinburgh	Friday 10 & 17 April	10am to 4pm	David Sheldon
Bathgate Sports Centre	Friday 29 May & 5 June	10am to 4pm	Jim Grant
Dalkeith Campus (astro turf)	Sunday 7 & 14 June	10am to 4pm	Keith Wright
Peffermill Playing Fields, Edinburgh Uni.	Monday 20 & Tuesday 21 July	10am to 4pm	David Sheldon
Meggetland, Edinburgh	Sunday 11 & 18 October	10am to 4pm	David Sheldon
Meadowmill Sports Centre, Tranent	Saturday 17 & 24 October	10am to 4pm	Walter Borthwick
Bathgate Sports Centre	Friday 23 & 30 October	10am to 4pm	Jim Grant

LEVEL FOUR Basic Children's Award

This 30-hour non-residential course is designed for coaches working with young players (5-12 years) and provides a recognised qualification for adults working in children's football. Comprising of 2 practical components consisting of Coaching Young Footballers and Technique Development, it is a prerequisite for candidates wishing to enrol on the Level 5 Advanced Children's Licence.

NB. Successful candidates will be subject to an enhanced check by Disclosure Scotland undertaken by the association.

COURSE FEE: £180.00

Peffermill Playing Fields, Edinburgh Uni.	Friday 24, Saturday 25 & Sunday 26 April & Friday 15 & Saturday 16 May	10am to 4pm	Scottish FA
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Applications for the above courses are available on page 18.

For information on the Physical Preparation and the Advanced Children's Licence visit www.scottishfa.co.uk



Do You Have A Keen Interest In Our National Game?

**WOULD YOU LIKE TO DEVELOP
YOURSELF AS A FOOTBALL COACH?**



If so then why not volunteer in football. The Scottish FA is working in partnership with the Scottish Government, funded through the 'CashBack for Communities' initiative, to provide new opportunities for young people to get involved in football. If you think volunteering is for you then why don't you join the growing number of volunteers helping to develop the game at grassroots level.

For further information please visit:
www.footballcentral.org

Chris Smith
Player & Coach Development Officer (South East), Scottish Football Association

m: 07841 569 806
t: 0131 667 8245
e: chris.smith@scottishfa.co.uk



Youth Pathway (12-18yrs)

LEVEL ONE Development Activities

This 6-hour course is open to anyone working with players in the 12 to 18 age range.

COURSE FEE: £30.00

Venue

Queens Centre, Galashiels
 Bathgate Sports Centre
 Meggetland, Edinburgh
 Newbattle High School (astro turf)
 Meggetland, Edinburgh
 Kelso High School
 Bathgate Sports Centre
 Meadowmill Sports Centre, Tranent
 Meggetland, Edinburgh

Date

Sunday 8 February
 Friday 20 February
 Saturday 7 March
 Friday 1 May
 Friday 5 June
 Sunday 23 August
 Friday 28 August
 Saturday 29 August
 Sunday 20 September

Time

1pm to 7pm
 10am to 4pm
 10am to 4pm
 2pm to 8pm
 2pm to 8pm
 10am to 4pm
 10am to 4pm
 10am to 4pm
 10am to 4pm

Apply to....

Dougie Anderson
 Jim Grant
 David Sheldon
 Keith Wright
 David Sheldon
 Dougie Anderson
 Jim Grant
 Walter Borthwick
 David Sheldon

LEVEL TWO Coaching Youth Footballers

This 12-hour course is designed to provide youth coaches with ideas on the key issues involved in the development of youth players. It takes account of individual skill development in a variety of game related situations. Prospective coaches will be given feedback on teaching practice sessions.

NB. Applicants must have completed Level 1 Development Activities course.

COURSE FEE: £45.00

Venue

Meggetland, Edinburgh
 Bathgate Sports Centre
 Hawick (astro turf)
 Poltonhall Recreational Ground, Bonnyrigg
 Peffermill Playing Fields, Edinburgh Uni.
 Meadowmill Sports Centre, Tranent
 Bathgate Sports Centre

Date

Saturday 21 & 28 March
 Friday 10 & 17 April
 Friday 24 April & 1 May
 Sunday 17 & 24 May
 Thursday 16 & Friday 17 July
 Saturday 19 & 26 September
 Friday 9 & 16 October

Time

10am to 4pm
 10am to 4pm
 3.30pm-9.30pm
 10am to 4pm
 10am to 4pm
 10am to 4pm
 10am to 4pm

Apply to....

David Sheldon
 Jim Grant
 Dougie Anderson
 Keith Wright
 David Sheldon
 Walter Borthwick
 Jim Grant



LEVEL THREE Coaching In The Game

In both Children's and Youth Awards Structures, the 12-hour Coaching in the Game Certificate Course looks at the knowledge and understanding required to help young players appreciate concepts such as width, depth and support within the small-sided game. The course is largely practical in nature and prospective coaches are required to demonstrate the ability to coach basic strategies to young players.

NB. Applicants must be in possession of both Level 1 Development Activities and Level 2 Coaching Youth Footballers Certificates.

COURSE FEE: £45.00

Venue

Newbattle High School (astro turf)
Kelso High school
Meggetland, Edinburgh
Bathgate Sports Centre
Dalkeith Campus (astro turf)
Peffermill Playing Fields, Edinburgh Uni.
Meggetland, Edinburgh
Meadowmill Sports Centre, Tranent
Bathgate Sports Centre

Date

Friday 13 & 20 March
Friday 10 & 17 April
Friday 10 & 17 April
Friday 29 May & 5 June
Sunday 7 & 14 June
Monday 20 & Tuesday 21 July
Sunday 11 & 18 October
Saturday 17 & 24 October
Friday 23 & 30 October

Time

2pm to 8pm
2pm to 8pm
10am to 4pm
10am to 4pm
10am to 4pm
10am to 4pm
10am to 4pm
10am to 4pm
10am to 4pm

Apply to...

Keith Wright
Dougie Anderson
David Sheldon
Jim Grant
Keith Wright
David Sheldon
David Sheldon
Walter Borthwick
Jim Grant

LEVEL FOUR Basic Youth Award

This 30-hour non-residential qualification assesses competence in delivering a coaching session based on the format of the Coaching Youth Footballers Certificate Course. In addition, candidates will be required to demonstrate the ability to shape a team and structure an individual programme for youth players.

NB. UEFA Advanced Licence holders are exempt from this award. Successful candidates will be subject to an enhanced check by Disclosure Scotland undertaken by the association.

COURSE FEE: £180.00

Peffermill Playing Fields, Edinburgh Uni.

Friday 11 & 25 September,
Saturday 26 September &
Friday 16 & Saturday 17 Oct.

10am to 4pm

Scottish FA

Applications for the above courses are available on page 17.

For Physical Preparation and Advanced Youth Licence information visit www.scottishfa.co.uk



www.footballcentral.org

Football Central

SUPPORTING SCOTLAND'S GAME



Football Central is a Scottish FA website dedicated to the promotion of grassroots football.

This **interactive portal** brings together news and event from the Scottish FA regions & the many Associations delivering football across Scotland.

If your looking to play, coach or become a volunteer and support the future of Scottish football **we can help.**

Football Central provides opportunities for you, your club and your family and friends to get involved!



- What's on for events and courses
- Download fantastic training session planners
- Download video skills for your Ipod or Phone
- Fixture manager for Scottish leagues results
- Disability football
- Club and coach development
- Exclusive interviews and news stories, video and audio.



Specialist Courses

Adult (18 plus years)

LEVEL ONE Club Coach

This 12-hour course is open to coaches who work with adult players at amateur, junior or senior club level. The course is practical in nature and looks at the basic themes of control, passing, possession, dribbling, finishing and defending, as well as the structure of training sessions.

NB. Applicants must be aged 18 or over.

COURSE FEE: £50.00

Venue	Date	Time	Apply to...
Meadowmill Sports Centre, Tranent	Thursday 7 & Friday 8 May	10am to 4pm	Walter Borthwick

Goalkeeping

LEVEL ONE Goalkeeping

This 6-hour course is designed to assist coaches aged 16 or over who work with goalkeepers from children to adult.

COURSE FEE: £30.00

Venue	Date	Time	Apply to....
Dalkeith Campus Bathgate Sports Centre Meggetland, Edinburgh	Monday 22 February Friday 15 May Sunday 20 September	10am to 4pm 10am to 4pm 10am to 4pm	Keith Wright Jim Grant David Sheldon

LEVEL TWO Goalkeeping Intermediate

This 12-hour non-residential course is designed to further develop coaches, aged 18 years and over, who work with goalkeepers. The course is largely practical in nature and deals with topics such as shape, mobility, shot stopping and basic handling.

NB. Applicants must be aged 18 or over and must have completed Level 1 Goalkeeping Certificate course.

COURSE FEE: £50.00

Peffermill Playing Fields, Edinburgh Uni.	Saturday 9 & Sunday 10 May	10am to 4pm	Scottish FA
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For information on the Goalkeeping Intermediate and the Goalkeeping Licence visit www.scottishfa.co.uk

Disability

Coaching Footballers with a Disability

This 6-hour course is open to all interested parties aged 16 and over, experienced or otherwise, who work with or have an interest in working with footballers with a disability.

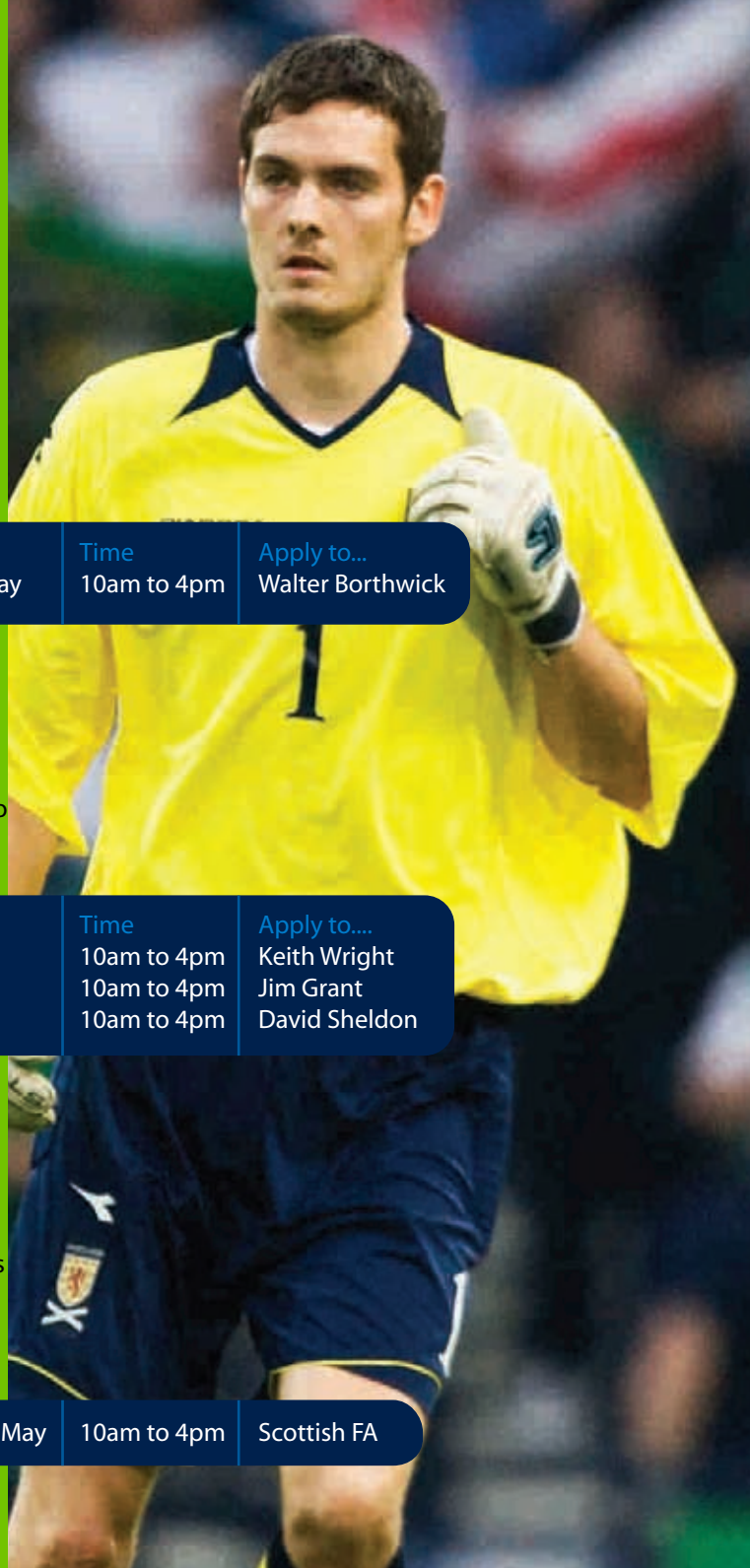
Using practical and workshop teaching methods the course is designed to give coaches an insight into best practice when delivering coaching sessions to groups of players with a wide range of abilities and disabilities.

COURSE FEE: £45.00

Peffermill Playing Fields, Edinburgh Uni.	Saturday 21 February	10am to 4pm	Scottish FA
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Applications for the above courses are available on page 17.

For information on Adult Licence courses visit www.scottishfa.co.uk



South East Regional Football Partnership SFA Community Programmes

Scottish FA Development Officers deliver a comprehensive programme of football activity in your area for children and youths of all levels

- **Holiday Courses**
- **Mini-Kickers**
- **Football 4s**
- **Player Development Centres**
- **Midnight leagues**
- **Street Football**
- **McDonalds Primary School Coaching**
- **HBoS Soccer One Coaching for Secondary Schools**
- **Skill Development Centres**
- **Area Development Squads**

For more information
visit our website at:

www.footballcentral.org/south-east



Regional Coach Development Days

In addition to the certified coach education programme offered the Scottish FA are determined to provide additional content to coaches who have attended the coaching courses and are interested in further advancing their knowledge of the game. The coach development events are led by the Regional Football Development Staff and other leading professionals involved in the sport.

Regional Coaching Conference

The Regional Development Staff will organise two region wide coach development events each year as part of the Regional Coach Development Programme. The aim is to provide coaches working with children and youth players with information from leading coaches involved in the professional game. The 2009 Coaching Conference is currently being planned and information regarding guest coaches will be posted on www.footballcentral.org when the final details have been confirmed. In the past two years guest coaches have presented from Manchester United FC, Everton FC, West Ham FC, as well as Scottish National Coaches and we will endeavour to maintain this standard again in 2009.

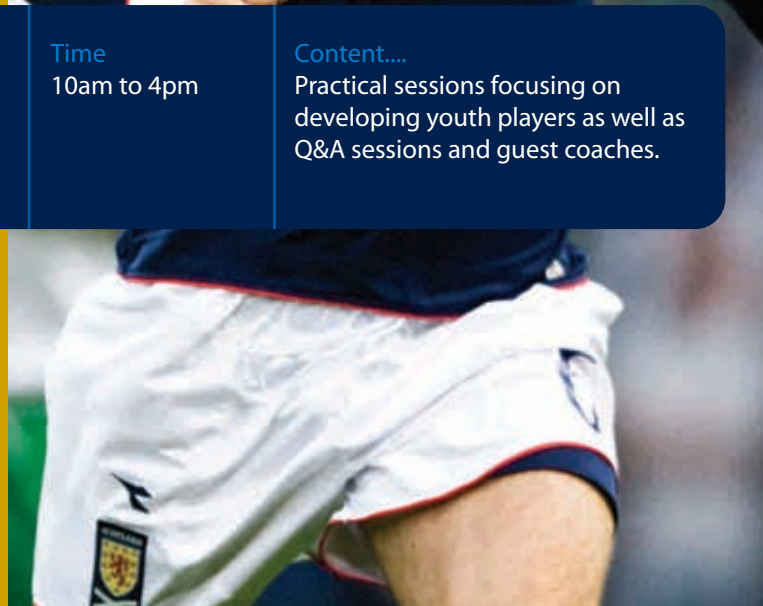


Venue	Date	Time	Content....
Venue to be confirmed	May 2009 Date to be confirmed and advertised on www.footballcentral.org	10am to 4pm	Practical sessions focusing on developing youth players as well as Q&A sessions and guest coaches.

To apply for Coach Development Days, complete the Application Form on page 17.

Regional Coach Development Day

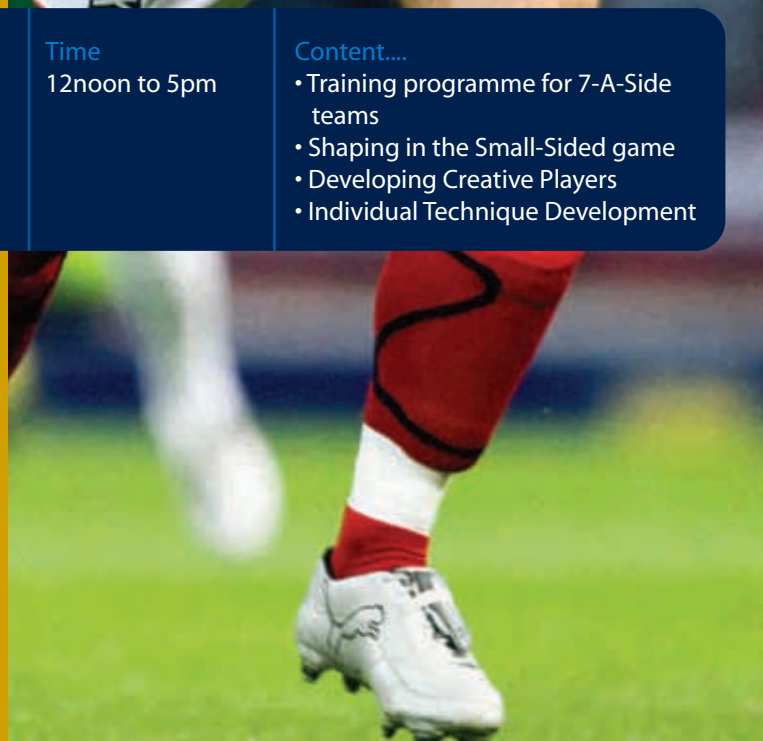
The Regional Coach Development Day will focus on developing training programmes for the Small-Sided Game including a focus on team training and individual technique development. The day will include practical demonstrations as well as discussion topics and will be delivered by Regional Development Staff as well as guests from National Teams.



Venue	Date	Time	Content....
Hearts Training Academy, Heriot Watt University, Edinburgh	Saturday 28 February	12noon to 5pm	<ul style="list-style-type: none"> • Training programme for 7-A-Side teams • Shaping in the Small-Sided game • Developing Creative Players • Individual Technique Development

NB. To apply for Coach Development Days, complete the Application Form on page 17. All coach development sessions are free.

Contributors and content will be announced on www.footballcentral.org



Coach Development In-Service

A series of 1.5 to 3 hour workshops covering a range of topics from shaping-a-team and skill development to physical conditioning for young football players.

These workshops are for coaches who want to further develop their coaching skills and knowledge to provide high quality coaching sessions. Workshop sessions will be delivered at venues across the Region by the Regional Development Officers.

Local In-Service for Coaches and Clubs

Venue	Date	Time	Content....
Bankton Mains, Murieston (Livingston)	Monday 17 August	6.30pm to 8pm	Transitional 4s-7s-11s Workshop
Peffermill Playing Fields (Edinburgh University)	Wednesday 19 August	6.30pm to 8pm	Transitional 4s-7s-11s Workshop
Netherdale (Galashiels)	Friday 21 August	7pm to 8.30pm	Transitional 4s-7s-11s Workshop
Hallhill (Dunbar)	Wednesday 26 August	6.30pm to 8pm	Transitional 4s-7s-11s Workshop
Meadowmill Sports Centre (Tranent)	Monday 23 November	6.30pm to 8pm	Futsal/Creative Player
Queens Centre (Galashiels)	Friday 27 November	8pm to 9.30pm	Futsal/Creative Player
Dalkeith Campus (indoor)	Sunday 29 November	10am to 12noon	Futsal/Creative Player
To be confirmed (West Lothian)	Thursday 3 December	6.30pm to 8pm	Futsal/Creative Player
World of Soccer (Edinburgh)	Thursday 10 December	6.30pm to 8pm	Futsal/Creative Player

NB. Please apply to Scottish FA South East Regional Office using the application form (pg17). All coach development sessions are free.

Contributors and content will be announced on www.footballcentral.org





Scottish FA Club Development

Quality Mark

Is your club interested in...

- Becoming more successful on and off the park?
- Raising its profile at local and national level?
- Increased resources to improve your clubs levels of coach education and first aid?
- A visit by Scottish FA community coaches and regional staff to develop your young players and volunteers?
- Developing Scottish Football?

.....

If the answer to any of the above questions is YES, then why not join the growing number of clubs who are committed to partnership working with the Scottish FA and are now reaping the rewards of the Quality Mark award.



supporting grassroots football



For further club development information and an application form, please visit the Scottish FA grassroots web-site:

www.footballcentral.org

Scottish FA Club Development Workshops (Scottish FA Quality Mark)

Through the Regional Quality Mark Programme, clubs will have the opportunity attend a number of workshops throughout the year to support the development of their club. Clubs must be registered with the Scottish FA Quality Mark to enable them to attend the workshops. Clubs who are not currently registered with the Scottish FA Quality Mark Programme should contact David Drummond (SFA Regional Club Development Manager). See contacts page for details.

Club Management & Administration

Explore the different aspects of management and administration of a Football club. Although your club is primarily about football, you need to be organised in the current environment, the course will cover the mechanics of committee meetings, constitutions, rules and policies.

As well as this the workshop focuses on a number of ways to organise and structure your club and the roles required to take your club forward.

Club Planning

To ensure that clubs can develop and expand it is critical that they plan for the future. This workshop will provide practical ways for clubs to develop action plans, including an interactive presentation on best practice, the advantages of planning and information on developing a club plan.

Player & Coach Development

The Coach and Player Development workshop aims to help clubs understand how it recruits its coaches and players. It examines also how the club can improve its retention of both players and coaches too. Clubs attending this workshop will leave with an action plan that will help them achieve the criteria required for the Coach and Player Development Section of Quality Mark.

Football Forums

As part of the development of our National game, the South East Region Football Partnership is hosting Football Club Forums in each of the five local authorities. The forums will provide an opportunity for all club representatives to discuss a number of topics with council officers, Scottish FA staff and other football clubs within the region. A number of topics will be discussed including coach education, facilities, player, coach and club development.

For information on your next forum visit;

www.footballcentral.org/sfa/south-east/football-forums

Child Protection & First Aid Training

The SFA Quality Mark workshops in Welfare and First Aid utilise the following professionally recognised courses to train coaches/volunteers.

Level 1 - Safeguarding & Protecting Children

Discover how to protect yourself, the young people you are coaching and your employer. This workshop will help you to identify sports situations and coaching practice that may constitute poor practice, recognise the signs and symptoms of child abuse, identify appropriate action and explain the roles and responsibilities of police, social services etc.

Level 2 - In Safe Hands

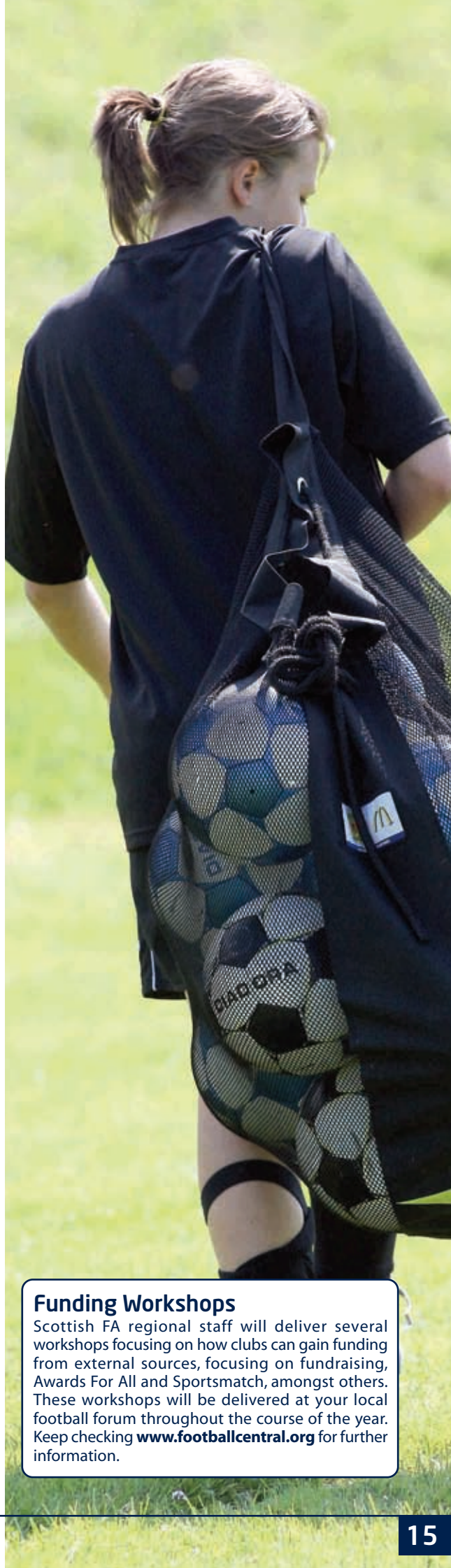
This workshop has been developed by 'Children 1st' and 'Sportscotland's Child Protection in Sport' service to support those identified in sports clubs as the child protection officer and aims to provide participants with core knowledge and develop their skills in order to fulfil this role for their club. It will also help clubs implement practices and procedures to keep children and young people safe. Those attending the workshop should have already attended the SCUK's Safeguarding & Protecting Children course or equivalent.

Emergency First Aid (HSE)

A one day emergency first aid course, tailored to meet the needs of the football environment and is ideal for coaches, teachers and general volunteers. At the end of the course participants will be able to: Assess and prioritise a first aid incident, deal with an unconscious casualty, deal with an adult or child who is choking, carry out resuscitation (CPR) on adults and children, control bleeding and manage shock, recognise and deal with a range of common injuries until the arrival of medical care, maintain records, use and maintain first aid kits.

Funding Workshops

Scottish FA regional staff will deliver several workshops focusing on how clubs can gain funding from external sources, focusing on fundraising, Awards For All and Sportsmatch, amongst others. These workshops will be delivered at your local football forum throughout the course of the year. Keep checking www.footballcentral.org for further information.



Scottish FA Quality Mark Workshops

Child Protection

Venue	Date	Time	Content
Peffermill Playing Fields, Edinburgh	Monday 16 February	6.30pm to 9pm	Level 1 - Safeguarding & Protecting Children
Hallhill Healthy Living Centre Dunbar, East Lothian Scottish Borders	Monday 23 March Contact David Drummond for further information	6.30pm to 9pm	Level 1 - Safeguarding & Protecting Children Level 1 - Safeguarding & Protecting Children
Penicuik Town Hall, Midlothian	Wednesday 26 August	6.30pm to 9pm	Level 1 - Safeguarding & Protecting Children
Peffermill Playing Fields, Edinburgh	Monday 21 September	6.30pm to 9pm	Level 1 - Safeguarding & Protecting Children
Inveralmond Community High School, Livingston, West Lothian	Monday 12 October	6.30pm to 9pm	Level 1 - Safeguarding & Protecting Children
Peffermill Playing Fields, Edinburgh	Monday 16 November	6.30pm to 9pm	Level 2 - In Safe Hands

First Aid

Venue	Date	Time	Content
Scottish Borders	Contact David Drummond for further information		HSE First Aid for Football
Peffermill Playing Fields, Edinburgh	Monday 16 & 30 March	6.30pm to 9pm	HSE First Aid for Football
Lowport, Linlithgow, West Lothian	Monday 10 & 24 August	6.30pm to 9pm	HSE First Aid for Football
Hallhill Healthy Living Centre Dunbar, East Lothian	Monday 14 & 28 September	6.30pm to 9pm	HSE First Aid for Football
Penicuik Town Hall, Midlothian	Wednesday 7 & 21 October	6.30pm to 9pm	HSE First Aid for Football
Peffermill Playing Fields, Edinburgh	Wednesday 11 & 25 November	6.30pm to 9pm	HSE First Aid for Football

For further information contact David Drummond, Club Development Manager - david.drummond@scottishfa.co.uk or call 07827 082 667.



Application Form

Please fully complete this form in BLOCK CAPITALS and return to the appropriate co-ordinator (including the relevant course fee). You may photocopy the form or cut out and send this page. For details of return address, refer to the contacts on the back page of this document. A refund will be provided if the course is fully subscribed.

Title: Mr Mrs Miss Ms other (please specify)

Surname Forname Date of Birth

Address Postcode

Tel: (home) (daytime) (mobile)

Email Nationality Ethnic Origin

Club/School Quality Mark (please tick if applicable)

Age Range No. of Boys/Girls

Please provide details any previous SFA courses attended. (Level 4 applicants please remember to include copies of your Levels 1, 2 & 3 certificates.)

Please provide details of any medical conditions, disabilities, dietary requirements or specific needs

Courses for coaches working with Children (5 to 12 years) (please tick the relevant box (es))

- Level 1 Early Touches Venue Date
- Level 2 Coaching Young Footballers Venue Date
- Level 3 Coaching in the Game Venue Date
- Level 4 Basic Children's Award Venue Date

Courses for coaches working with Youth Footballers (12 to 18 years) (please tick the relevant box (es))

- Level 1 Development Activities Venue Date
- Level 2 Coaching Youth Footballers Venue Date
- Level 3 Coaching in the Game Venue Date
- Level 4 Basic Youth Award Venue Date

Specialist and Adult courses (please tick the relevant box (es))

- Adult Club Coach Venue Date
- Goalkeeping Venue Date
- Goalkeeping Intermediate Venue Date
- Coaching Footballers with Disabilities Venue Date

Quality Mark Workshops (please tick the relevant box (es))

- Club/Volunteer Workshop Child Protection/First Aid
- Workshop Title Venue Date

Coach Development Days (please tick the relevant box (es))

- Regional Development Day Area Development Day
- Workshop Title Venue Date

To book your place for Workshops, complete the Application form above and return to:
Mark Munro, SFA Regional Manager, McArthur Pavilion, 42 Peffermill Road, Edinburgh EH 16 5LL. No later than 7 days prior to programme commencement of the course.

Signed Date

If fees are being paid by a third party please provide details below

Name of Third Party Authorised Signature

NB. A Cheques should be sent made payable to the local authority holding the course.
From time to time, photographs and video footage may be taken during events/courses for promotional purposes. If you have any objection to this, please inform us in writing.

DATA PROTECTION ACT:
Your information will be used by the Scottish Football Association to maintain and update course attendance records and may be used to inform you of future events/opportunities.
If you do not wish to receive such information, please tick this box

South East Regional Football Partnership Club Training Visits

February - October 2009

SCOTTISH FA DEVELOPMENT STAFF AND COACHES WILL DELIVER A VARIETY OF SESSIONS IN CONSULTATION WITH YOUR CLUB COACHES, DELIVERED AT YOUR CLUB'S TRAINING VENUE.

Sessions focused on strengths and weaknesses of your team and based on one of the following themes:

- SKILL DEVELOPMENT SESSIONS
- INDIVIDUAL TECHNICAL DEVELOPMENT
- TACTICAL SESSIONS
- PHYSICAL PREPARATION FOR CHILDREN & YOUTH PLAYERS
- £30 PER SESSION

To book or for more information please contact:

Jen Malone

SFA South East Events Coordinator

t: **0131 667 8245**

e: southeast@scottishfa.co.uk

www.footballcentral.org/south-east





Continuous Professional Development

UEFA has issued a recent directive aimed at all member associations regarding the introduction of Continuous Professional Development (CPD) for all Scottish FA Licence/Award holders.

The Scottish FA will lead with UEFA and as a consequence, this coming year will see the implementation of a new Professional Development programme for coaches. From August 2009, the Scottish FA requires all new and existing Pro, A, B, Youth Licence and Youth Directors Award coaches to attain a minimum of 15 hours of CPD credit over a three year period to ensure their licence or award remains active.

NB: It is the intention of the Scottish FA to role out CPD for Goalkeeping and Advanced Children's Licence holders in 2010.

The key principle behind this initiative is to ensure that all new and existing licensed coaches, who are actively coaching, have access to the most advanced and cutting edge techniques and information within their area of coaching expertise in the Adult, Youth, Children or Specialist Course Pathways.

Whilst the Scottish FA will make every attempt to support coaches to carry out CPD, it is ultimately the sole responsibility of the individual to keep his/her licence/award qualification current and therefore recognised by the Scottish FA and UEFA. The following points outline the programme which will rollout in 2009:

Licence holders of existing Adult, Youth and Youth Directors' Award qualifications must register their commitment to CPD with the Scottish FA (see Appendix A – CPD Registration form) by July 2009. Coaches in this position will have three years from the point of registration to attain the 15 hours CPD.

All new Adult, Youth and Youth Directors' Award qualification holders who attain their award from 2009 onwards will be automatically registered by the Scottish FA. Coaches in this position will have three years from the point of award to attain the 15 hours CPD.

Candidates with both an Adult and a Youth orientated licence/award must carry out 15 hours of CPD for each licence/award to ensure they both remain current. (i.e. a total of at least 30 hours).

In early 2009, the Scottish FA will publish details as to how coaches may attain the 15 hours credit. Coaches who have registered will also be contacted with dates, venues and any additional costs of courses.

Candidates who register for CPD must pay an initial registration fee of £50 (inc VAT). An additional £20 (inc VAT) subscription fee must be paid thereafter for each year the coach is a member of the Scottish FA Professional Development for Coaches Programme.

In the event the three-year period has elapsed and the minimum requirements of CPD have not been met, the licence/award will cease to be recognised and the individual will be required to re-sit the full course inclusive of assessment.

South East Region Coach Development Diary (January -June 2009)

	Date	Course	Venue	Page
JAN.	Saturday 24 January	Early Touches	Dalkeith Campus (indoor)	4
	Sunday 25 January	Early Touches	Queens Centre, Galashiels	4
	Friday 30 January	Early Touches	Bathgate Sports Centre	4
FEBRUARY	Saturday 7 & 14 February	Coaching Young Footballers	Dalkeith Campus (indoor)	4
	Sunday 8 February	Development Activities	Queens Centre, Galashiels	7
	Sunday 8 February	Early Touches	Royal High School, Edinburgh	4
	Sunday 15 & 22 February	Coaching Young Footballers	Royal High School, Edinburgh	4
	Monday 16 February	Child Protection	Peffermill Playing Fields, Edinburgh Uni.	16
	Friday 20 February	Development Activities	Bathgate Sports Centre	7
	Sunday 22 February	Goalkeeping - Level 1	Dalkeith Campus (grass)	10
	Saturday 28 February	Developing Training (7-a-side)	Hearts Training Academy, Edinburgh	12
MARCH	Saturday 7 March	Development Activities	Meggetland, Edinburgh	7
	Friday 13 & 20 March	Coaching Young Footballers	Bathgate Sports Centre	4
	Friday 13 & 20 March	Coaching in the Game	Newbattle High School (astro turf)	8
	Sunday 15 & 22 March	Coaching Young Footballers	Queens Centre, Galashiels	4
	Monday 16 & 30 March	First Aid	Peffermill Playing Fields, Edninburgh Uni.	16
	Saturday 21 & 28 March	Coaching Youth Footballers	Meggetland, Edinburgh	7
	Monday 23 March	Child Protection	Hallhill Healthy Living Centre, Dunbar	16
APRIL	Friday 10 & 17 April	Coaching in the Game	Kelso High School	8
	Friday 10 & 17 April	Coaching Youth Footballers	Bathgate Sports Centre	7
	Friday 10 & 17 April	Coaching in the Game	Meggetland, Edinburgh	8
	Friday 24 April & 1 May	Coaching Youth Footballers	Hawick Astro turf	7
	Friday 24, Saturday 25 & Sunday 26 April & Friday 15 & Saturday 16 May	Basic Children's Award	Peffermill, Edinburgh University	5
	Friday 1 May	Development Activities	Newbattle High School (astro turf)	7
MAY	Thursday 7 & Friday 8 May	Club Coach - Level 1	Meadowmill Sports Centre, Tranent	10
	Saturday 9 & Sunday 10 May	Goalkeeping - Intermediate	Peffermill Playing Fields, Edinburgh Uni.	10
	Friday 15 May	Goalkeeping - Level 1	Bathgate Sports Centre	10
	Sunday 17 & 24 May	Coaching Youth Footballers	Poltonhall Recreational Ground, Bonnyrigg	7
	Friday 29 May & 5 June	Coaching in the Game	Bathgate Sports Centre	8
	May (TBC)	Regional Coaching Conference	To be confirmed	12
	JUNE	Friday 5 June	Development Activities	Meggetland, Edinburgh
Sunday 7 & 14 June		Coaching in the Game	Dalkeith Campus (astro turf)	5
Saturday 27 June		Early Touches	Meadowmill Sports Centre, Tranent	4

Colour code

- Children's Pathway
- Youth Pathway
- Specialist & Adult Courses
- Quality Mark Workshops
- Regional & Area Coach Development Days

South East Region Coach Development Diary (July-December 2009)

	Date	Course	Venue	Page
JULY	Friday 3 July	Early Touches	Poltonhall Recreational Ground, Bonnyrigg	4
	Monday 13 July	Early Touches	Peffermill Playing fields, Edinburgh Uni.	4
	Tuesday 14 & Wednesday 15 July	Coaching Young Footballers	Peffermill Playing fields, Edinburgh Uni.	4
	Thursday 16 & Friday 17 July	Coaching Youth Footballers	Peffermill Playing fields, Edinburgh Uni.	7
	Monday 20 & Tuesday 21 July	Coaching in the Game	Peffermill Playing fields, Edinburgh Uni.	5/8
AUGUST	Monday 10 & 24 August	First Aid	Lowport, Linlithgow, West Lothian	16
	Saturday 15 & Sunday 16 August	SFA National Grassroots Football Show		
	Sunday 16 August	Early Touches	Kelso High School	4
	Monday 17 August	Local In-Service Day	Bankton Mains, Muiriston	13
	Wednesday 19 August	Local In-Service Day	Peffermill Playing Fields, Edinburgh Uni.	13
	Friday 21 August	Local In-Service Day	Netherdale, Galashiels	13
	Friday 21 August	Early Touches	Bathgate Sports Centre	4
	Sunday 23 August	Development Activities	Kelso High School	7
	Monday 24 August	Child Protection	Penicuik Town Hall, Midlothian	16
	Wednesday 26 August	Local In-Service Day	Hallhill Healthy Living, Dunbar	13
SEPTEMBER	Friday 28 August	Development Activities	Bathgate Sports Centre	7
	Saturday 29 August	Development Activities	Meadowmill Sports Centre, Tranent	7
	Sunday 6 September	Early Touches	Meggetland, Edinburgh	4
	Friday 11 & 18 September	Coaching Young Footballers	Bathgate Sports Centre	4
	Friday 11 & 25 & Saturday 26 September & Friday 16 & Saturday 17 October	Basic Youth Award	Peffermill Playing Fields, Edinburgh Uni.	7
	Monday 14 & 28 September	First Aid	Hallhill Healthy Living, Dunbar, East Lothian	16
	Saturday 19 & 26 September	Coaching Youth Footballers	Meadowmill Sports Centre, Tranent	7
	Sunday 20 September	Development Activities	Meggetland, Edinburgh	7
	Sunday 20 September	Goalkeeping - Level 1	Meggetland, Edinburgh	10
	Monday 21 September	Child Protection	Peffermill Playing Fields, Edinburgh Uni.	16
OCTOBER	Monday 5 & 19 October	First Aid	Penicuik Town Hall, Midlothian	16
	Friday 9 & 16 October	Coaching Youth Footballers	Bathgate Sports Centre	7
	Sunday 11 & 18 October	Coaching in the Game	Meggetland, Edinburgh	5
	Monday 12 October	Child Protection	Inveralmond Comm High School, Livingston	16
	Saturday 17 & 24 October	Coaching in the Game	Meadowmill Sports Centre, Tranent	5
	Friday 23 & 30 October	Coaching in the Game	Bathgate Sports Centre	5
NOVEMBER	Monday 16 November	Child Protection	Peffermill Playing Fields, Edinburgh Uni.	16
	Wednesday 11 & 25 November	First Aid	Peffermill Playing Fields, Edinburgh Uni.	16
	Monday 23 November	Local In-Service Day	Meadowmill Sports Centre, Tranent	13
	Friday 27 November	Local In-Service Day	Queens Centre, Galashiels	13
	Sunday 29 November	Local In-Service Day	Dalkieth Campus (astroturf)	13
DEC	Thursday 3 December	Local In-Service Day	West Lothian (TBC)	13
	Thursday 10 December	Local In-Service Day	World of Soccer, Edinburgh	13

Colour code

- Children's Pathway
- Youth Pathway
- Specialist & Adult Courses
- Quality Mark Workshops
- Regional & Area Coach Development Days

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